

Monday- Thursday 4pm-9pm Saturday's 10am-2pm Sundays 4pm-9pm

### Virtual Connections Week 13

# Well Wishes & Congratulations

Congratulations to Katie's cousin on the birth of her baby girl!



Happy Birthday to Mrs. Passarella, celebrating her birthday on June 5th!

#### **Upcoming Events**



Our Summer Concert will be held on Wednesday, June 29th. The theme of the concert is "Mental Health Awareness", and it will also be a charity fundraiser!

Respite@citizens-inc.org

### Kudos

Katie successfully completed her job training this week. Her family is moving this summer and they held a very profitable garage sale.

Anthony is planning a special event for Father's Day...a Zoom Bingo Night.

Sohum received a medal and a certificate for singing in Concert Choir at a special banquet.

Vincent completed chores with family and helped his father cut flowers to prepare tea. Michelle B. had a wonderful time on her vacation upstate where she visited Cooperstown, Binghampton, Camp Loyal Town, the Farmers' Museum, Cider Creek, and the Baseball Hall of Fame.

## **STRIVES**

We discussed EMPOWERMENT, UNITY AND EQUALITY and what those terms mean to us in our daily lives.

We talked about how Michelle B. and Anthony empowered each other to become better advocates and how everyone in Virtual Connections empowers each other at each session.

We all agreed that the Virtual Connections was a perfect example of unity and bringing people with different interests and ages together. We also felt that it created friendships with people we would not have the opportunity to otherwise.

Finally, we talked about how important equality was and how everyone deserved the same rights. We went back to a past discussion about equity and looked further into why although equality is important, making sure that everyone is treated fairly AND given the resources they need to succeed in life.